

Flint Recovery Services *for* Seniors

The Valley Area Agency on Aging (VAAA)- has community workers available for nutrition education and counseling for home bound seniors as well as make referrals for faucet and in-home pipe replacement. VAAA can also provide transportation for blood testing, to medical appointments and the grocery store. VAAA will also assist with water testing, water and filter delivery. Please call VAAA Direct Water Line at 810-249-0833.

Free Dental Cleanings for Seniors- VAAA has partnered with Mott Community College of Dental Hygiene to provide free oral health cleanings for local seniors. Mott Community Dental Clinic is located at 1401 East Court Street, Flint. Please call 810-762-0317 to schedule an appointment.

Blood Lead Testing- walk-in screening is available for children and adults at the Genesee County Health department. For more information call 810-257-3833.

Transportation: MTA Rides to Wellness provides residents and their families with accessible transportation to medical facilities outside the normal fixed route bus service. Hours are 9:00 am to 5:00 pm Monday through Friday. Call 810-767-0100.

Mobile Food Pantries- are available at various locations throughout the city of Flint that offer free fresh fruits and vegetables to any Flint resident. Call 2-1-1 for monthly locations or go to the Food Bank of Eastern Michigan website at <https://www.fbem.org>.

Nutritional Help Centers- are open four days a week Monday through Thursday from 10 am to 4:30 pm. Pick up water, food, personal care items, receive physical and mental health services.

Three locations

- Bethel United Methodist Church 1309 N. Ballenger Hwy. , Flint
- Greater Holy Temple COGIC 6702 N. Dort Hwy. , Flint
- Ashbury United Methodist Church 1653 Davison Rd., Flint

Shower Filters- are also available for pickup at Habitat for Humanity Restore. 101 Burton St., Flint.

Need Help paying bills?

Salvation Army has a comprehensive emergency assistance program which can provide financial assistance with paying bills including rent and mortgage, utility shutoffs notices, water bills, food, prescriptions and more. Call 810-232-2196.

Genesee County Community Action Resource Department(GCCARD) in partnership with United Way of Genesee County has funds available for low income families to assist with water bills. Please call 810-244-8557 to see if you qualify.

CORE Program- is designed to provide in-home outreach and educational information to residents of Flint by fellow residents. The focus is on water filter installation and proper maintenance, water use, faucet aerators-maintenance and cleaning, medical services and other available resources. Please call for CORE at 810-238-6700 to have someone come to your home.

MDHHS State Emergency Relief (SER)- can assist with paying heat & utilities including water bills and shut-offs, home repairs, relocation assistance, home ownership services and burial. The SER program is primarily designed to maintain low-income households. An application can be completed on line at www.mibridges.com or at the following two locations Monday-Friday from 8 am to 5pm.

- 125. E. Union, Flint
- 4809 Clio Rd., Flint

Consumers Energy- has a Shut-off and Winter Protection plan for Seniors and Electric Senior Citizen Discount of up to \$3.50 monthly credit. Please call 1-800-477-5050 for more information.

Dialing 2-1-1 -is a number to call for assistance with

- Food, Housing & Clothing
- Utility Assistance
- Support Groups
- Healthcare Services
- Teen Pregnancy
- Senior Issues
- Transportation
- Prescription Assistance

Flint Cares- was created out of the Flint Water Recovery Group as a way to provide Flint residents with the most accurate, up-to-date and trustworthy information and resources regarding the water crisis. The website address is www.FlintCares.com.

To receive monthly updates on Flint's progress, text "Updates Flint" to 64468.