

## THE FLINT WATER CRISIS.

The following resources are available to assist you and your family during the water crisis.

### HEALTH CARE

#### Flint Water Healthcare Coverage

1-855-789-5610 or [www.michigan.gov/mibridges](http://www.michigan.gov/mibridges)

**Family Supports Coordination Services** (ages 0-21 or if pregnant)  
810-257-3777

#### Children's Healthcare Access Program (CHAP)

810-953-2427 or [www.gfhc.org/chap](http://www.gfhc.org/chap)

#### Mental Health Counselors or Help with Stress

810-257-3705

#### Federally Qualified Health Centers

Hamilton Community Health Network 810-406-4246

Genesee Community Health Center 810-496-5777

### FOOD AND NUTRITION

#### Double UP Food Bucks

1-866-586-2796 or [www.doubleupfoodbucks.org/flint/](http://www.doubleupfoodbucks.org/flint/)

#### Emergency Food Assistance Program (TEFAP)

810-789-3746 or 810-232-2185

#### Commodity Supplemental Food Program (Ages 60+)

810-789-3746 or 810-232-2185

#### WIC (Women, Infants & Children) Program

1-800-262-4784 or 810-237-4537

#### Nutrition and Cooking Classes

[www.FlintCares.com/nutrition](http://www.FlintCares.com/nutrition) OR

[www.commit2fit.com/events](http://www.commit2fit.com/events)

### EARLY CHILDHOOD SUPPORT

#### Early On Genesee County

810-591-KIDS or 810-591-5437

#### Free Pre-School (Ages 3-4)

810-591-KIDS or [www.geneseepreschool.org](http://www.geneseepreschool.org)

#### Head Start (3 to 5) and Early Head Start (0 up to 3)

GCCARD at 810-235-5613

GISD at 810-591-KIDS

### SENIOR SUPPORT

#### Valley Area Agency on Aging Water Line

810-249-0833

### TRANSPORTATION

#### MTA Ride to Groceries Program

YOUR RIDE Numbers for Scheduling

Flint East 810-767-5541 or Flint West 810-233-4751

#### Children's Doctor Appointments

Genesee CHAP at 810-953-2427 (CHAP)

### WATER FILTER CHECK OR INSTALLATION

#### Community Outreach and Resident Education (CORE)

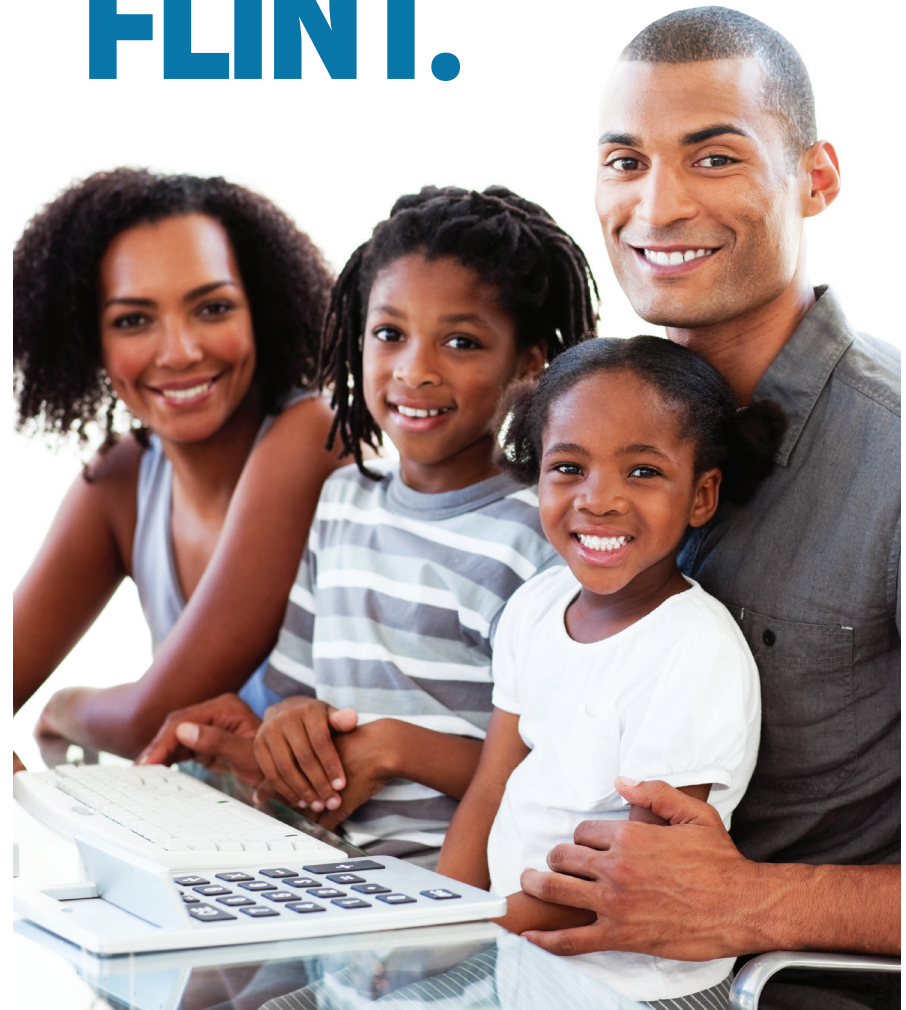
810-238-6700

**FLINT**  **CARES**.com

To receive monthly updates on Flint's progress, text "Updates Flint" to 64468

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**HEALTH CARE.  
NUTRITION CARE.  
MENTAL HEALTH CARE.  
CARE FOR  
FLINT.**



- C.O.R.E. is the Community Outreach Resident Education Program, that provides outreach and educational information to the residents of Flint by fellow residents. C.O.R.E. provides information to support:
- Water filter installation and proper maintenance
- Water use
- Faucet aerators-maintenance and cleaning
- Medical services and resources available

**COMMUNITY OUTREACH  
RESIDENT EDUCATION PROGRAM**  
**FLINT**  **CARES**.com

Services can also be accessed by calling 2-1-1  
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SUPPORTED BY THE CITY OF FLINT AND THE STATE OF MICHIGAN.